

ACO REACH: Transforming Healthcare through Collaboration, Quality, and Patient Experience

Medical Associates of Hudson Valley (MAHV) has partnered with Belong Health ACO to participate in the Centers for Medicare and Medicaid Services ACO REACH (ACO Realized Equity, Access, and Community Health model).

What is an ACO?

An ACO is a team of doctors, hospitals and other healthcare providers who work together to coordinate care for patients. ACOs have agreed with Medicare to be accountable for care quality and cost. They were created to help patients have a better care experience.

How will you benefit from MAHV's participation in an ACO?

We will help you get the right care at the right time. Healthcare can be confusing. We have a care team who will work with you on your care. Our team may:

- Help you know what care you need to have next. They will also help you set up appointments. And, they will make sure you have a way to get to your appointments in-person or online.
- Make sure you only have the tests and appointments you need.
- Connect you with local services or support you may need.
- Make sure your medications are safe to take together.
- Spot health problems before they become serious.
- Answer any questions you have about your care.

You may receive even more help with our Benefit Enhancements

We created Benefit Enhancements to provide even more support for our patients. There are three kinds of Benefit Enhancements:

- Home Health Homebound Waiver
- Post Discharge Home Visits
- Three-Day Skilled Nursing Facility (SNF) Rule Waiver

The ACO care team will work with your provider to decide if you need any of our Benefit Enhancements.

How do I participate in the ACO REACH?

If you've been seeing your primary care provider regularly over recent years and they are part of the ACO REACH program, you may be automatically enrolled.

If you have not received a letter announcing your enrollment, you can request to be enrolled a few ways.

1. [Go online to fill out a form that says you are a patient of your primary care provider.](#)
2. Request an attestation form from MAHV or use the attestation form you have received from Belong Health ACO by mail or email.
3. Go to Medicare.gov and choose "login". You must have an account and login. If you do not have an account you can create one at: <https://www.medicare.gov/account/create-account>. Once you are logged in, you must select your doctor's name and designate them as your primary care provider.

Questions?

For questions about how the ACO REACH program helps your health, contact your health care professional.

Click here to learn more about [Belong Health ACO](#)